

## What should I expect from treatment?

InterX therapy is a comfortable treatment. The procedure will involve applying the hand held device directly to the skin on or outside the injured or painful area.

The sensation of the electrical impulse will resemble a tingling or vibrating sensation. Your practitioner will adjust the sensation as needed throughout the treatment.

Typical treatment sessions will last from 15 to 30 minutes depending on the complexity of condition. The number of treatment sessions required will be determined by your practitioner. A range of accessory electrodes allow for InterX therapy to be easily applied to small or large areas.

Generally a course of treatments is recommended over several weeks for optimal results. It is essential to complete the entire treatment course to experience the full benefits of InterX.

InterX treatment activates the nerve endings which may cause a temporary aggravation of symptoms, lightheadedness or tiredness. It is not unusual to experience improved sleeping patterns following treatment.

The full effect of a single treatment is generally experienced within a couple of hours and is often sustained for up to two days or longer. The cumulative effects of more than one treatment may enhance these results.

*InterX Therapy may be used effectively on its own, or in conjunction with physiotherapy, occupational or other therapy.*



A dynamically different, clinical application for the treatment of pain and injury

*The contents of this brochure are for informational purposes only. Questions and medical concerns should be directed to your practitioner*



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Patent pending

InterX technology is TGA approved for pain management and carries the European CE mark.



# INTERX THERAPY

## Patient Information



## Non-invasive treatment for pain



## What is InterX Therapy?

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InterX therapy is the targeted application of Interactive Neurostimulation to manage and relieve the symptoms of pain and injury.

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InterX therapy is applied using a hand-held device which delivers gentle dynamic electrical impulses and stimulates the skin at the area of pain or inflammation.



### What are the benefits?

- Non-drug pain relief
- Non-invasive application
- Comfortable treatment
- Effective results



### How does InterX work?

1. Interactive stimulation via fixed electrodes is applied to areas of pain or injury.
2. Primary treatment areas are identified by changes of skin color, texture or sensation. In addition optimal treatment points or areas of low impedance can be identified by the InterX Professional model's ability to take activity readings on the skin.
3. Treatment will then be targeted to those specific areas which have been identified as optimal treatment points.
4. Because the InterX therapy provides the ability to target treatment on optimal points and to use a range of both low and high frequencies, the benefit of treatment may be more effective than other modalities.

## Who can be treated?

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*InterX therapy—is effective across a wide range of acute and chronic conditions.*

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Most people can be treated using InterX therapy. It is particularly effective in the reduction and management of pain and the resulting increase in function.

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Caution should be taken when using any electrical impulse devices as they may interfere with other electrical medical products.

Your practitioner may advise against treatment if:

- You have a pacemaker, insulin pump or other implanted functioning devices.
- You are pregnant or breastfeeding.
- You have active cancerous tissue or are undergoing chemotherapy.
- You have a history of epilepsy or other seizures.

## Who can use the InterX?

InterX Therapy can be delivered by doctors and therapists. Patients can also be instructed by a qualified person on home use of the personal InterX device.

InterX is a safe and effective treatment for adults and children.